



Walk between poles  
 Stop and back between poles  
 Stop and jog between poles, through box to the A  
 Jog through the A  
 Jog around the cone to the pole  
 Side pass the pole to the right  
 Walk through open gate (Beginner)  
 Or  
 Open and close right hand rope gate  
 Walk over the bridge  
 Walk to exit

.....	WALK
----	JOG
----	EXTENDED JOG
----	LOPE
—X—	CHANGE OF LEAD
←←←←←	BACK
⊥	STOP
⤿	TURN